



Longbow

Following are the proposed revised Longbow class rules. These are interim for TFAA SYWAT. NFAA will publish the "official" rule which will go into effect January 1, 2026.

J. Longbow

1. A one, two, or three piece straight ended bow constructed of wood or any non-metallic material with limbs which are not to be adjusted during competition. When the bow is braced, the string must not touch the limbs between the notches of the limb.
2. No laminations, marks, or blemishes on the belly of the bow or in the sight window.
3. The bow may contain a window, an arrow shelf with strike plate. The strike plate may not exceed more than one inch above the shelf. No mechanical or elevated rests may be used.
4. Bow quivers are allowed
 - a. All arrows must be the same size and weight as competition arrows
 - b. No part of quiver or arrow it is holding shall be visible in sight window
5. No clickers, draw-checks, sights, stabilizers, counterweights, or levels will be allowed.
6. The string may be of any color but must have a single-color center serving. One single nocking point permitted. One or two nock locators may be used. Any marks or string attachments other than brush buttons and string silencers will be illegal.
7. The archers shall touch the arrow when nocked and drawing the arrow with the index finger against the nock.
8. Finger position may not be changed during competition.
9. Gloves, tabs, or fingers shall be the only legal releases. Bow slings are permissible. In the case of physical disability of the arm or hand, a chew strap and or mouth tab may be used in place of fingers.
10. All arrows shall be identical in length, weight, diameter, and fletching with allowance for wear and tear.
11. During the competition, no adjustments may be made to the bow and/or its related equipment unless equipment failure is recognized.
12. For all tournaments below the Sectional, all longbow archers may shoot at Youth distances at the discretion of each State or Club
13. Adult Male and Female only.